

## Contact

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[twitter.com/30andtweetin](http://twitter.com/30andtweetin)  
(Personal)

## Top Skills

Critical Thinking  
Healthcare  
Mental Health

## Certifications

Physician Assistant

## Honors-Awards

Distinguished Senior Award  
Judith Yannariello PhD Endowed Scholarship  
Dean's Award of Excellence for Outstanding Service

# Julie Griggs

Co-founder of Fourplay Social | Healthcare Provider | Eternal Optimist | Hype Woman | One Love ↗  
New York, New York, United States

## Summary

A nurturer by nature and passionate about making a difference, I earned my masters degree in Physician Assistant Studies from Rutgers University after earning a bachelor's degree from Penn State University. I graduated as the recipient of the Dean's Award of Excellence for Outstanding Service, an honor given to one physician assistant student in the program.

I started my career at a Federally Qualified Health Center providing primary care to the medically underserved. And then, in an unexpected plot twist, I found myself as the Co-founder of Fourplay Social. Danielle (my best friend, co-founder, and fellow healthcare professional) and I realized that giving single friends the opportunity to experience dating together was the more fun, lower pressure, and \*safer\* way to meet new people. Our early adopters became Fourplay super fans and some of our biggest supporters. We're on a mission to create a healthier experience for singles, physically, mentally, and socially while still maintaining a fun and playful brand.

So here I am: a physician assistant turned entrepreneur. I'm scrappy, hardworking, coachable, passionate, and unapologetically myself. I'm also an athlete, a bookworm, a mental health advocate, a younger sister (who acts like the older sister), a proud aunt, a loyal friend, and the most outgoing introvert you'll ever meet. I'm on a mission to not just do well in life, but to do GOOD.

I believe in treating people with respect and compassion, and would love to connect with others who do the same.

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## Experience

Fourplay Social  
Co-Founder & CEO  
January 2019 - Present (5 years 1 month)

New York, New York, United States

Fourplay is a social network for single friends where users team up and double date other pairs of friend. It's the more fun, lower pressure, and safer way for singles to meet.

**Graham & Walker**  
**Catalyst Program Batch 1**  
June 2022 - June 2022 (1 month)

The Graham & Walker Catalyst is a cohort-experience program that helps women startup founders succeed in VC and get fundraise-ready in two weeks. As a selectee out of hundreds of applicants, I will dive into topics ranging from investing instruments & term sheets, cap table success, dilution, co-founder equity, understanding valuation data, customer success, and more.

**Open Door Family Medical Center**  
**Physician Assistant**  
September 2019 - February 2021 (1 year 6 months)  
New York, United States

Physician assistant practicing primary care with the medically underserved community in New York.

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## Education

**Penn State University**  
Bachelor of Science - BS, Health Policy & Administration · (2010 - 2014)

**Rutgers University**  
Master of Science - MS, Physician Assistant · (2016 - 2019)