

As seen in  
**allure**



## "BLACK WOMEN IN ART WATCHING OVER ME AS I DRIFT OFF IS A COMFORT."

*"The Beautiful Ones Are Not Yet Born"  
Might Not Hold True For Much Longer by  
Njideka Akunyili Crosby*

📍 **A Starless Night** A friend  
once compared my bedroom to  
"a morgue jar" with its navy  
walls and no windows. The dark  
paint creates a cocoon that  
allows me to sleep like the dead...  
or the undead.



📍 **Youth to the People  
Superberry Dream  
Cleansing Balm**

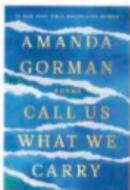
📍 **Good Side  
scrunchies**

📍 **Loza Tam hair  
wrap**



📍 **This Works Sleep Plus Pillow Spray**

📍 **Get Sleepy** When my mental-  
to-do list won't let up just because  
it's bedtime, I turn on this podcast  
and am lulled to sleep by fantastic  
stories, just like a toddler.



📍 **Call Us What We Carry by Amanda**

**Gorman** I always have a book at my bedside.  
Gorman's poems are best read at the end of a  
hard day. After a few pages, all hope is restored.

