



worthy



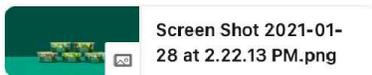
Nydia Shipman · 3rd
Co-Founder & CCO at The Worthy Company
Weston, Connecticut, United States · [Contact info](#)
500+ connections

 **Worthy Foods**
 **Saint John's University
School of Law**

Experience

 **Co Founder**
Worthy Foods · Full-time
Mar 2015 – Present · 6 yrs 10 mos
Weston, Connecticut

At The Worthy Company, we are on a mission to Nourish the Goodness in All of Us by making it easier for everyone to eat more plants - deliciously and conveniently - and avoid animal products. Our category creating Worthy Bowls are the first plant-based, all-in-one snack made for on the go, and accessible for all.



 **Owner/Designer**
Nydia Charles, Inc
2009 – 2012 · 3 yrs

 **In House Counsel**
Tower Life Insurance Company
2005 – 2008 · 3 yrs

 **Associate Attorney**
Wilson Elser
2003 – 2005 · 2 yrs

Education

 **Saint John's University School of Law**
JD
2000 – 2003
Activities and Societies: Editor - International Law Review

 **Fordham University**
BA, English Lit
1996 – 2000

 **Miss Porter's School**
HS
1994 – 1996

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