



**Jon Harris** · 3rd

Pursuing a path to positively impact our overall well-being. Pouring out what's been poured into me.

Marietta, Georgia, United States · [Contact info](#)

500+ connections

[Message](#) [More](#)



eQuoo - The Emotional Fitness Game



Missouri State University

## Experience



**Board Member/Investor**  
eQuoo - The Emotional Fitness Game · Self-employed  
Jun 2020 – Present · 1 yr 1 mo  
London, England, United Kingdom



**Partner/Board Member/Lead Investor**  
Arbor Vita8 · Part-time  
Feb 2020 – Present · 1 yr 5 mos  
Phenix City, Alabama, United States



**Co-Founder**  
Getidle  
Jul 2019 – Present · 2 yrs  
Marietta, GA

Idle is a rental community for Idle goods. Rent Any thing - Earn Any time.



**Coach and Encourager**  
Sessions Street Depot  
Aug 2018 – Present · 2 yrs 11 mos  
Greater Atlanta Area

One by one. One person, one decision, one play, one interaction or one selfless act. It's how great cultures are built and how championship teams are formed. I get the privilege to work one-on-one with those that are entrusted with our future and help unleash their best self.



**President & COO**  
LifeWorks - Total Well-being Platform  
Mar 2016 – Aug 2018 · 2 yrs 6 mos  
Greater Atlanta Area

LifeWorks Total Well-being Platform is an industry leading, mobile-first solution focused on transforming the well-being of employees. By unifying employee assistance, perks & savings, HR communications and community, rewards & recognition and wellness - we enable employees to feel supported, connected, recognised, rewarded and guided - anywhere, anytime. ...see more

Show 5 more experiences

## Education



**Missouri State University**  
BS, Management Information Systems and Services  
1983 – 1986

## Skills & endorsements

SaaS · 90

Alexander Butenko and 89 connections have given endorsements for this skill

Software Implementation · 79



Endorsed by Mario J. Arnaez and 5 others who are highly skilled at this



Endorsed by 10 of Jon's colleagues at Ceridian

Enterprise Software · 71



Endorsed by Major Thomas and 5 others who are



Endorsed by 12 of Jon's colleagues at Ceridian

highly skilled at this

Show more

## Recommendations

Received (0) **Given (5)**



**Lisa Sterling, HCS**  
Culture Crusader. Value Creator. People Advocate. Angel Investor. Speaker. Coach.  
February 21, 2020, Jon worked with Lisa in different groups

I've had the opportunity to work with Lisa at two different organizations in various capacities. Her energy and passion for people, her goals and the purpose behind each is infectious. She makes others around her better and has the ability to coach others to achieve their potential. She's able to think st... See more



**Jennifer Wise**  
Adventurer  
February 12, 2018, Jon worked with Jennifer but at different companies

I've had the pleasure of working with Jennifer on many different projects and business opportunities. She has a unique ability to quickly get to a solution that works for her customer and her company. Jennifer has consistently stayed engaged to make sure expectations were met throughout the course of an en... See more

Show more

## Interests



**LinkedIn**  
16,853,130 followers



**Virgin Pulse**  
39,018 followers



**Atlanta HR Forum (hosted by SHRM-Atlan**  
11,758 members



**Technology & Services Professionals - Col**  
5,368 members



**Kronos Incorporated**  
90,311 followers



**Ceridian**  
72,487 followers

See all