



Kate Flynn · 2nd

CEO & Founder, Sun & Swell Foods | Tory Burch Fellow
Santa Barbara, California, United States · 500+ connections ·
[Contact info](#)



Sun & Swell Foods



Harvard Business School

Experience



CEO & Founder

Sun & Swell Foods

Aug 2016 – Present · 4 yrs 8 mos
Santa Barbara, California Area

Retail & Consumer Products Consultant

Self-Employed

Jul 2016 – Present · 4 yrs 9 mos
United States



Kurt Salmon

4 yrs

Manager

Jan 2015 – Jul 2016 · 1 yr 7 mos
San Francisco Bay Area

Provides strategic consulting services to leading retailers, as well private equity funds investing in the retail and consumer products space.

Select Project Experience:

...see more

**Senior Consultant**

Aug 2012 – Jul 2016 · 4 yrs

San Francisco Bay Area

**Senior Auditor / CPA**

Deloitte

Sep 2007 – Jul 2010 · 2 yrs 11 mos

Orange County, California Area

Worked on teams to coordinate and execute financial statement audits for public and private companies across various industries, primarily manufacturing, retail, and hospitality.

Education

**Harvard Business School**

Master of Business Administration (MBA), Business Administration and Management, General
2010 – 2012

Activities and Societies: CFO of Retail and Luxury Goods Club Co-President of West Coast Club Member of Marketing and Entertainment & Media Club

**UC Santa Barbara**

B.A., Business Economics with Accounting Emphasis

2003 – 2007

Activities and Societies: Delta Gamma Sorority

**Academy of Culinary Nutrition**

2019 – 2019

Licenses & certifications

Certified Public Accountant

Volunteer experience

Mentor

Team in Training

2014 – Present • 7 yrs

Team In Training (TNT) is the flagship fundraising program for The Leukemia & Lymphoma Society (LLS). It is an endurance sports training program for charity that raises money for blood cancer research.

As a mentor, I help new recruits with their fundraising campaigns and assist them in accomplishing their goals of crossing the finish line in a long-distance race (half marathon or marathon).



