

# Russell Douglas Goode

Updated 06/09/2020

## CURRICULUM VITALE

---

### Biographical Data

Place of Birth: Florence, Alabama

### Education

- 2001-2005: University of South Alabama, Mobile, Alabama  
Bachelor of Science, Magna Cum Laude  
ACS Accreditation in Chemistry and minor in Biology  
**Honors:** Phi Kappa Phi, Mortar Board, Honors Program, Most Outstanding Graduate 2005
- 2006-2010: University of South Alabama College of Medicine, Mobile, Alabama  
Medical Doctorate  
**Honors:** AOA, Samuel Eichold Scholarship, Thaddeus Waterman Scholarship
- 2010-2015: University of South Alabama Orthopaedic Residency Program  
**Honors:** Yelton Resident Essay Competition: 2<sup>nd</sup> Place. 2012
- 2015-2016: Orthopaedic Trauma Fellowship, University of Missouri

### Employment

- 2016-2018: Orthopaedic Trauma Surgeon, The Orthopaedic Group P.C. (Mobile, AL)  
Jan2017-current: Independent Consultant, Precision Clinical Research LLC (Mobile, AL)  
Jan2018-current: Rehabilitation Director, Ashland Place (Mobile, AL)  
Jan2018-current: Orthopaedic Trauma Surgeon, Alabama Orthopaedic Clinic (Mobile, AL)

### Certifications

United States Medical Licensing Examination

Step 1: May 2008: 230

Step 2: August 2009: 248

Step 3: July 2010: Passed

American Board of Orthopaedic Surgery Certification Exam 2015: Passed

American Board of Orthopaedic Surgery Oral Examination 2018: Passed

Alabama Board of Medical Examiners: License #31474 (Active)

Missouri Board of the Healing Arts #2015008273 (Inactive)

Florida Board of Medical Examiners: License #TRN18355 (Expired)

### Course Attendance

- AO Basic Fracture Course: Sun Valley, ID 2010  
AO Advanced Fracture Course: Dallas, TX 2011  
Enneking Tumor Course: Gainesville, FL 2012  
Rib Fracture Fixation Course: Minneapolis, MN 2013  
Orthopaedic Trauma Association: Phoenix, AZ 2013  
Orthopaedic Trauma Update: New York 2013  
AOA Resident Leadership Forum, Montreal 2014  
AO Trauma Fellows Symposium Las Vegas 2016  
OTA Fellows Course, Boston, MA 2017

### Course Instructor

- AO Basic Fracture Course, Rosemont IL 2019  
AO Basic Fracture Course, Charlotte, NC 2020

## Presentations

Curiel R, **Goode R**, Alonso J, Entry Point and the Lateral Entry Femoral Nail. Alabama Orthopaedic Society Meeting. Sandestin, FL. May 2010

**Goode R**, Eberhart A, Alonso J. Sacro-iliac Joint: The Forgotten Joint. Alabama Orthopaedic Society Meeting. Sandestin, FL. May 2012

**Goode R**, Alonso J. Treatment and Diagnosis of Sacro-iliac Joint Pain using Anterior Compression Plating. Alabama Orthopaedic Society Meeting. Point Clear, AL. May 2013

White, S, **Goode R**, Meyer F. Evaluation of secondary etiologies of patients failing conservative treatment for DeQuevain's. Alabama Orthopaedic Society Meeting. Birmingham, AL May 2014

**Goode R**, George M, Alonso J. Diagnosis and Treatment of Sacro-iliac Joint Pain using Anterior Compression Plating: A Retrospective Outcome Study. AAOS Meeting. New Orleans, LA. March 2014

**Goode R**. Grand Rounds Presentation. University of Missouri. Columbia, MO. June 2016

**Goode R**. Alabama Department of Labor Workers Compensation Convention. Birmingham AL. October 2016

**Goode R**. Grand Rounds Presentation. University of South Alabama. Mobile, AL. October 2016

**Goode R**. Alabama Department of Labor Workers Compensation Convention. Gulf Shores AL. March 2017

Goode S, **Goode R**, Crist B. Putting the Brakes on Breaks. Mid-American Orthopaedic Association. June 2017

Gilling J, Campfield B, **Goode R**, Crist B "Safety and Complications Associated with MRI-Conditional External Fixators" USA Resident and Fellow Exposition 2017 Poster of Distinction. June 2017

**Goode R**. Alabama Self Insurers Association meeting. Destin, FL August 2017

**Goode, R**. Industrial Workers Rehab Adjuster CME meeting. Mobile, AL Dec 2017

**Goode, R**. Senior Spirits Hip Fracture Presentation. Mobile, AL April 2018

**Goode, R**. IWR Case Manager CEU Presentation. Mobile AL October 2019

**Goode, R**. Bay Area Nurse Practitioner Meeting. Mobile, AL Dec 2019

**Goode, R**. AONA Charlotte Basic Course Faculty Presenter. Charlotte, NC Jan 2020

**Goode, R**. AED Honor Society Guest Lecturer. Mobile, AL Jan 2020

**Goode, R**. Alabama Self-Insurers Association Winter Meeting. Montgomery, AL Jan 2020

## Publications

Surgical findings that likely lead to failure of conservative treatment of De Quervain's tenosynovitis Stephen White, MD, **Russell Goode, MD**, Frederick N. Meyer, MD. USA Orthopaedic Journal. Volume 1 2015-2016 edition

Case Report: Arthroscopic Treatment of Tarsometatarsal Joint Pain of Unknown Etiology **Russell Goode, MD** and Joe B. Ray, MD. USA Orthopaedic Journal. Volume 1 2015-2016 edition

Putting the Brakes on Breaks: Osteoporosis screening and fracture Prevention. Sarah Goode DNP, **Russell Goode MD**, Jackie Beshears DNP, Brett Crist MD. Geriatric Orthopaedic Surgery and Rehabilitation

Safety and Complications associated with MRI-conditional external fixators in patients with tibial plateau fractures. Jonathan Gilling MD, **Russell Goode MD**, Brian Campfield MD, Brett Crist MD. *Accepted for Publication. Journal of Orthopaedic Trauma*

## Affiliations

Clinical Faculty Member: Alabama College of Osteopathic Medicine

Clinical Faculty Member: University of South Alabama College of Medicine, Department of Orthopaedics

### Memberships

GRAF Medical, Board of Directors (2020-current)

Business Council of Alabama, Board of Directors (2018-2021)

USA Medical Alumni Association, Board of Directors (2018-2020)

AO Trauma North America: Clinical Instructor

Orthopaedic Trauma Association

American Academy of Orthopaedic Surgeons

Alabama Orthopaedic Society

AOA Emerging Leaders Program

Alpha Omega Alpha

Orthopaedic Residents Fund LLC

Order of Fuse

International Association of Orthopedic Surgeons, 2017 Top Docs

### Committees

Surgical Technician Advisory Board, Virginia College. 2011

Quality Improvement and Care Committee, University of South Alabama. 2012

Splinting/Fracture Management Course for Pediatric Department. 2013

USA Housestaff Association: Orthopaedic Representative. 2014

USA Chief Residents Committee: Orthopaedic Representative. 2014

MIMC Surgical Efficiency Steering Committee. 2018-19

MIMC Physician Practice Alignment Committee 2018-19

MIMC Physician Practice OR Subcommittee 2018-19

MIMC Credentialing Committee 2019-2020