



ANRI

The Adaptive Neuroscience Research Institute

Helping individuals to explore and enhance their own potential

German Garcia-Fresco, PhD. · 2nd

Neuroscientist ♦ Speaker ♦ Author ♦ Entrepreneur

San Diego County, California, United States · 500+ connections ·

[Contact info](#)



Aretanium



University of North Carolina
at Chapel Hill School

Providing services

Life Coaching, Public Speaking, Executive Coaching, and Leadership Development

[See all details](#)

Featured



Holger Broeer book interview with Dr. Fresco

YouTube

Interview with Dr. Fresco on his new release book Train Your Brain For Success. How a...



Doctor Fresco Healthy Lifestyle

YouTube

Doctor Fresco interview with Marna Palmer on issues like sugar and its effects on you...



One
One

Experience



Chief Scientific Officer

Aretanium

May 2019 – Present · 1 yr 8 mos

San Diego, California

PERSONALIZED WELLNESS & NOOTROPICS FOR LEADERS

Aretanium is passionate about helping leaders and aspiring leaders improve their health, wealth, and happiness by offering the only health tech personalized workplace wellness programs and SaaS cloud portal, nootropic brain-boost and trust-building supplements, and leadership development based on cutting-edge neuroscience. We solve a \$1 trillion workplace problem by dramatically increasing trust, engagement, and productivity while lowering stress, absenteeism, and healthcare costs. We partner with Mike Torchia of Operation Fitness, who has trained stars like Matt Damon and Al Pacino, and The Ken Blanchard Companies ...see mor

Director

Adaptive Neuroscience Research Institute (ANRI)

2015 – Present · 5 yrs

San Diego, CA

Helping individuals to explore and enhance their own potential.

The Adaptive Neuroscience Research Institute (ANRI) main focus is to understand and facilitate positive behavioral routines in humans. ...see mor



ANRI Research



ANRI - Adaptive Neuroscience Resear...



Founder

Doctor Fresco Academy

Jan 2018 – Present · 3 yrs

Greater San Diego Area

An online education course platform. We are trying to provide education to fill the gaps in areas that traditional schools are missing.



Become A Learning Machine



Owner

Xtreme Park Adventures

2009 – Present · 11 yrs

Durham, NC

◆ One Spirit. ◆ One Team. ◆ One Win. ◆

What is Team-Building? By definition, team-building is a group effort or teamwork in ...see mor

Owner

Ultimate Auto Body

2008 – Present · 12 yrs

301 S Roers Ln. Raleigh NC

Auto Body Shop in Raleigh, NC

[Show 5 more experiences](#) ▼

Education



University of North Carolina at Chapel Hill School of Medicine

PhD, Neurobiology

2004 – 2006

Activities and Societies: UNC Shotokan Karate Club

I studied the interactions of proteins between myelin and the axon in rodents.

Purchase College, SUNY

BA/BS, Organic Chemistry/Molecular Biology

1998 – 2000

Activities and Societies: Sigma Xi honor Society

I studied chemistry and biology. My thesis consisted in the study of epilepsy models using in vitro fertilization of frogs using green fluorescent proteins as markers for potassium channels.

Universidad Nacional de Río Cuarto

None, Chemistry

1995 – 1997

Activities and Societies: Karate

Studied organic chemistry

[Show 2 more education](#) **Licenses & certifications****Certified Nutritionist**

Precision Nutrition

Issued Nov 2016 · No Expiration Date

Learning How to Learn

Coursera Course Certificates

Issued Nov 2016 · No Expiration Date

Credential ID NBMPR2KFLUKJ

[See credential](#)**edX Honor Code Certificate for Nutrition and Health Part 1: Macronutrients and Overnutrition**

edX

Issued May 2016 · No Expiration Date

[See credential](#)[Show more](#) **Volunteer experience****Teaching science at the STEP program in New York**

SUNY Purchase

Jan 2000 – Jan 2001 • 1 yr 1 mo

Teachin math and biology to underprivileged high school students



