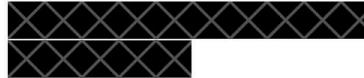


Regina Rogers



Regina Rogers

Executive Assistant

GENERAL SKILLS

Administration, Customer Service. Sales. Computer Skills, Multitasking, Organization, Communication, Event Planning Assistant, and Finance.

Computer Programs: Quickbooks Online, Monday.com, Slack, GoogleSuite, Microsoft Office, Photoshop, Adobe Acrobat, Dropbox. Website editing.

Social Media Marketing: IG and FB

WORK EXPERIENCE

O2 Treehouse Commercial Inc. Petaluma CA. Jan 2024-Present. www.o2treehouse.com

Job Tasks and Skills: Administrative Assistant to CEO, Administration Manager, and Finance Controller. Quickbooks Trained, Monday.com, Google Drive: Docs, Sheets, Forms etc.

O2 Treehouse is a leading construction company in the niche market of treehouse building. My job is to keep project managers connected, data entry, open new accounts, and other administrative tasks within HR, Marketing, and the Finance Department.

Land + Local Healdsburg, CA. August 2023-Present. www.landandlocal.com

Job Tasks and Skills: Administration, event planning assistant, medicine maker, gardening, food prep for catering events, and Farmstay maintenance.

Arcana Threads Sebastopol, CA. July 2023-March 2024. www.arcanathreads.com

Job Tasks and Skills: Customer Service, inventory, and IG content creation.

Arcana Threads and Things is an upcycled and vintage clothing store in Sebastopol CA.

Herb Lore Nevada City, CA 2018-2020. www.herblore.com

Job Tasks and Skills: Sales Rep, social media managing, back end website editor, medicine maker, and apprentice. Herb Lore is a leading herbal company in their field, focused on herbs that support pregnancy, postpartum health, fertility, and hormonal regulation for all genders.

Freelance Art Department for Film and Television. Los Angeles. 2007-2014

Job Title/Description and Skills: Set Design, Art Direction, Art Coordination, Props, Shopper, On Set Decorator, Driver- All roles. Administrative work, budgeting, setting up accounts, hiring and managing teams of 5-15 workers at a time.

Nordstrom Department Stores: 2002-2006

Job Title and Skills: Sales person, customer service in the juniors department, hosiery, and handbags department.

EDUCATION

WOODBURY UNIVERSITY BA FASHION MARKETING 2006 (did not use: not for supporting fast fashion and body image issues).

CALIFORNIA COLLEGE OF AYURVEDA CERTIFICATE OF EDUCATION 2014-2015

CALIFORNIA COLLEGE OF AYURVEDA THERAPEUTICS CERTIFICATES 2015

CORNERSTONE DOULA TRAINING 2015

BODY SYSTEMS WITH HERBALIST MATTHEW WOOD 2016

BODY SYSTEMS WITH HERBALIST KATHY KEVILLE 2018

KATHY KEVILLE APPRENTICESHIP PROGRAM 2018- 6 MONTH COURSE

CALIFORNIA SCHOOL OF HERBAL STUDIES ROOTS PROGRAM 2022

CALIFORNIA SCHOOL OF HERBAL STUDIES COMMUNITY HERBALIST PROGRAM 2023

TRAUMA INFORMED HERBAL STUDIES ELIZABETH GUTHRIE 2023

REFERENCES

Sara Thurner: O2 Treehouse Finance Manager: [REDACTED]

Gabrielle Tiradani: Owner Arcana Threads and Things: [REDACTED]

Pam Caldwell: Owner and Lead Herbalist Herb Lore: [REDACTED]

Bryan Bowen: California School of Herbal Studies Educator and Master Gardener:

[REDACTED]

Evan Ross Murphy: Builder and Production Designer: [REDACTED]