



★ **Tamar Blue** · 1st  
Improving the human experience

San Francisco, California, United States · [Contact info](#)

500+ connections

30 mutual connections: Sam Oberchain, Benjamin Nguyen, and 28 others

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MentalHappy

Y Combinator

### Highlights

★ Tamar is celebrating 7 years at  
MentalHappy

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### About

Tamar Blue, is a Y Combinator alum and founder and CEO of MentalHappy– a mental health platform helping individuals overcome challenging life events via professionally-led peer support groups. With a mission to make mental health care accessible, affordable and stigma-free, MentalHappy utilizes a variety of health and wellness professionals – thereby expanding mental health care. Tamar’s passion dates back over 20 years, when she started a peer-support organization to support classmates experiencing bullying, combined with her personal struggles with anxiety. Tamar’s work with MentalHappy has appeared in major publications such as Reader’s Digest, TechCrunch, Silicon Valley Business Journal, Creative Mornings, and the CIPA award-winning book "Impact Founder: Inspirational Stories of Entrepreneurs Who Risk Everything for What They Believe". Tamar earned her MBA after graduating from Florida State University with a dual degree in Sociology and Economics.

### Featured

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techcrunch.com · 5 m...

71

13 comments

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### Activity

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2006 was the first recession I faced. I was in staffing and recruiting at the time, and not only were there massive layoffs...

27

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★ Tamar Blue reposted this · 8d

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wefunder.com · 9 min read

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1 comment

★ Tamar Blue commented on a post · 2w

Cadran C. - DM'ed you my email.

127

26 comments

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### Experience

**Chief Executive Officer**  
MentalHappy  
Apr 2021 - Present · 1 yr 11 mos  
San Francisco, California, United States  
MentalHappy is a tele-health platform that allows health professionals to facilitate online support groups.

**Chief Executive Officer**  
Cheerbox · Full-time  
Jan 2016 - Dec 2019 · 4 yrs  
Las Vegas, Nevada, United States  
Highly curated care packages for tough life events. Cheerbox helps companies send custom care packages to employees going through a rough time.



**CEO**

CanUStart

Nov 2013 - May 2015 · 1 yr 7 mos

Miami/Fort Lauderdale Area

Our mission is to radically simplify the process and reduce the time it takes for employers & job seekers to find each other.



**Operations Manager**

Employbridge

Jan 2008 - Jul 2013 · 5 yrs 7 mos

West Palm Beach, Florida Area

EmployBridge is not a generic provider of talent. Unlike other workforce providers, we focus on one type of worker and we do it well. Our family of specialty brands allows us to meet the needs of ma ...see more

## Education



**Y Combinator**

Entrepreneurship/Entrepreneurial Studies

2018



**Florida State University**

Economics & Sociology, Economics

2002 - 2006

## Volunteering



**Economic Advisor**

Habitat for Humanity

Jan 2001 - Aug 2008 · 7 yrs 8 mos

Economic Empowerment

Worked with future recipients on understanding home economic basics, creating a budget, saving and managing a household.

## Skills

### Start-ups

8 endorsements

Endorse

### Product Development

6 endorsements

Endorse

### User Experience

4 endorsements

Endorse

Show all 17 skills →

## Honors & awards

### Presidents Club

Issued by Employbridge · Feb 2011

Associated with Employbridge

Awarded Presidents Club- Top 15% Revenue Generator for \$500MM company.

## Languages

### English

Native or bilingual proficiency

### Haitian Creole

Native or bilingual proficiency

### Spanish

Limited working proficiency

## Interests

Top Voices

Companies

Groups

Schools



**Tiffany Dufu** · 2nd

Founder & CEO, The Cru

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**Tiffany R. Warren** · 3rd

EVP, Chief Diversity & Inclusion Officer at

Sony Music Group

108,528 followers

+ Follow

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## Causes

Economic Empowerment · Education · Health · Human Rights

