Deeper sleep
starts tonight

Sleep Review   n p r

Hundreds of
five star reviews
APPLE APP STORE

Daniel Gartenberg PhD ·

2nd
CEO at SleepSpace
New York City Metropolitan Area ·

Contact info

500+ connections

2 mutual connections: Tony Wilkins and Julian Ivann

Connect   🔒 **Message**   More

SLEEP SPACE **SleepSpace**

MASON **George Mason University**

Featured   〈 〉

Hot off the presses, we just published a
paper in the Nature and Science of Sleep...

7:30 AM

FALL ASLEEP
Gratitude Meditation
8 mins

SLEEP DEEPER
Dynamic Mask
All Night

WAKE SMARTER
528 Hz Healing Tone
7:30 AM - 7:40 AM

95
GREAT

OPTIMUM BEDTIME REMINDER
10:34 PM

SLEEP STAGES
Wake 28 min 7%
REM 1h 41m 24%
Light 3h 34m 51%
Deep 1h 17m 18%

Wake Up Refreshed
sleepspace.com • 1 min read

👍 💚 ❤️ 71 • 4 comments

Deep Sleep Stimula

Start of Sound

Dan Gartenberg: The brain bene
deep sleep -- and how to get mo
TED

There's nothing quite like a good
sleep. What if technology could h

Activity

5,571 followers

haha - im liking these memes! we should catchup sometime Trace - would love to show you what we built.

Daniel commented

Michael Gradisar k! I'm testing this out on 65+ population of healthy people with insomnia in an independent living...

Daniel replied to a comment

Hi Michael - our system includes the consensus sleep diary and links with any wearable... You get high resolutions...

Daniel commented

Excited to hear your questions and have our not so sleepy sleep convo Dr. Marcus Ranney !

Daniel shared this

6 Reactions · 1 Comment

See all activity

Experience

Founder & CEO
SleepSpace
2009 – Present · 12 yrs

The sleep revolution is here.

We received million of dollars in grants from the National Institute of Health and the National Science Foundation to create a new type of sleep improvement system that works with all major wearable devices, or simply with your phone placed by your bedside.

...see more

Adjunct Assistant Professor
Penn State University
Jul 2016 – Present · 5 yrs 2 mos

Executing an NSF & NIH STTR with the Biobehavioral Health

program and Dr. Orfeu Buxton to develop a wrist watch
device to better measure sleep.

Founder & CEO

Mobile Sleep Technologies LLC

May 2016 – May 2018 · 2 yrs 1 mo
Floor 12, 1133 15th St NW, Washington, DC 20005

We received a grant from the National Science Foundation
and the National Institute of Health to develop a new way of
detecting sleep quality. See:

Co-founder & CEO

Fly Fleet LLC

Oct 2013 – Jan 2018 · 4 yrs 4 mos
Washington D.C. Metro Area

We have a top rated app called Fleet, as seen on the Today
Show:

http://www.today.com/video/can-free-apps-really-speed-

Resident

TED Conferences

Mar 2017 – Jun 2017 · 4 mos
Greater New York City Area

TED is a nonprofit devoted to spreading ideas, usually in the
form of short, powerful talks (18 minutes or less). TED began
in 1984 as a conference where Technology, Entertainment
and Design converged, and today covers almost al ...see more

Show 4 more experiences ⌄

Education

George Mason University

Ph.D., Psychology
2009 – 2016

University of Wisconsin-Madison

BS, Psychology, English
2004 – 2008
Activities and Societies: Language, Mind, and Brain RA

Licenses & certifications

Biomedical Human Subjects Research (IRB) Course
CITI Program, A Division of BRANY
Issued Oct 2020 · Expires Oct 2023
Credential ID 34918716

See credential

Skills & endorsements

Human Factors · 52

Endorsed by **Frederick R. and 6 others who are highly skilled at this**

Endorsed by **22 of Daniel's colleagues at George Mason University**

Research Design · 43

Endorsed by **Patrick McKnight and 6 others who are highly skilled at this**

Endorsed by **2 of Daniel's colleagues at Fly Fleet LLC**

Human Computer Interaction · 41

Endorsed by **Brian Taylor and 2 others who are highly skilled at this**

Endorsed by **12 of Daniel's colleagues at George Mason University**

Show more ⌄

Recommendations

Received (2)   Given (5)

Brian Taylor

Program Director, IBM Cloud User Research at IBM

April 7, 2013, Brian and Daniel were students together

Dan is an exceptional student and fellow scientist. He brings a passion and spirit for human factors, asking intriguing questions and developing great solutions. In addition to being productive as a researcher and student, Dan also leverages his expertise in Human Factors and Cognitive Psychology to stoke h... **See more**

Dustin Pfannenstiel

Senior iOS Developer

June 2, 2012, Daniel was a client of Dustin's

Daniel is a forward thinking application designer who ceaselessly explores how mobile devices interact with their users.